



§ A WORKSHOP REQUIRING NO PREPARATION §

7 Self-introduction with Alphabet

1. What is "Self-introduction with Alphabet"?

It is a way to introduce yourself by using words that begin with the alphabet of your name.

2. Purpose and Effect

Humorous and unique self-introductions make a strong impression on people.

Let's try to appeal your characteristics using a word with the first character of your name and to make them remember your name and face.

3. Procedure

First, we suggest you find the word that starts with your initials/name pronunciations, and that describes yourself.

You can look it up from the adjectives in the appendix or in dictionaries.

When all of you are ready, Please be seated in a circle, and introduce yourself by saying the words and names you want to appeal to each person.

Example 1: Noble Nobuko

I'm Nobuko, noble Nobuko. Call me "noble Nobuko".

Kind Keiko

I'm Keiko, kind Keiko. Call me "kind Keiko".

Attractive Aiko

I'm Aiko, attractive Aiko. Call me "attractive Aiko"

Example 2: TA Tactful

NA Nice

KA Courageous

My name is Tanaka. "Ta" stands for Tactful, "Na" stands for Nice, and "Ka" stands for Courageous.

So, call me "Tactful, nice and courageous Tanaka." It's me!

4. Application

The following methods are available for the program at each club's regular meeting. Here are two ideas.

(1) It's a way to enjoy the memory like a game.

The first person says his or her name with an impressive adjective that represents his or her character.

The second person says the first person's adjective and name, and then says his or her own adjective and name.

The third person says that the first person's style and name, the second person's style and name, and in the end, he or she says his or her own style and name.

When the introduction circle is over, the first person will say the adjectives and the names in order and says his or her adjective and name again at the end.

Example: The first person (Nobuko): Noble Nobuko.

The second person (Keiko): Noble Nobuko, Kind Keiko.

The third person (Aiko): Noble Nobuko, Kind Keiko, Attractive Aiko.

The first person (Nobuko): Noble Nobuko, Kind Keiko, Attractive Aiko,
Noble Nobuko.

(2) Using an adjective that matches the first letter of your name and make a short speech about how you chose the word is an impressive way to introduce yourself.

Example: Kind Keiko

I wasn't a kind person before. When I was alone, one kind person spoke to me gently and warmly. Thanks to her, my heart was saved at that time. It made me so happy, and I decided to talk to other persons and be kind to them.

Just like today, by introducing myself as "kind", I would like to be more kind to other people more and more. I am "Kind" Keiko. Thank you.

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