



§ A WORKSHOP REQUIRING NO PREPARATION §

2-1 Kaitenzushi / Sushi Train Purpose/ Procedure/ Results

Impromptu Speaking Exercises

What is "Kaitenzushi"?

"Kaitenzushi" is a sushi restaurant where the plates with the sushi are placed on a rotating conveyor belt or moat that winds through the restaurant and moves past every table and counter seat. Customers simply pick their selections from a steady stream of fresh sushi moving along the conveyor belt. Some restaurants use a fancier presentation such as miniature wooden "sushi boats" traveling small canals or miniature locomotive cars. Source of information is Wikipedia.

Purpose

- To practice impromptu speaking.
- To provide many chances to talk with different partners.
- To indulge in an enjoyable "Kaitenzushi" exercise.

This exercise is ideal for those meetings where the number of members attending is more than normal, for example, when there are many guests or simply for the joy of it.

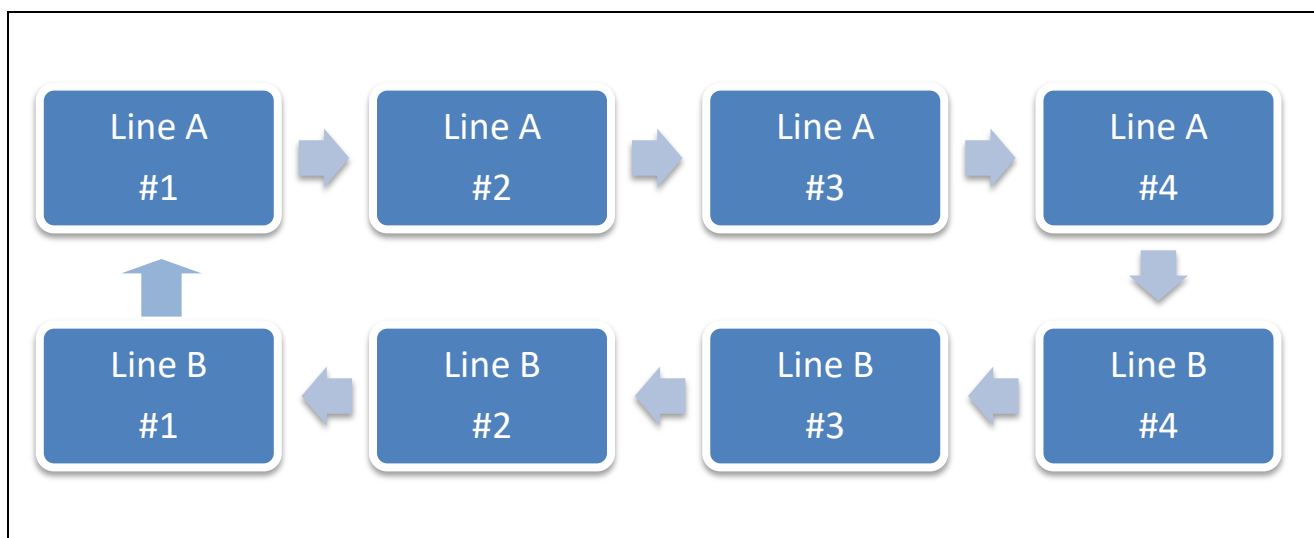
Resource Needed

Timer

Procedure

1. The participants are divided in two lines A and B, facing each other.
This means line A participants and line B participants pair up so they can talk to each other.
2. The leader chooses a speech topic and tells the topic to the participants.
3. The **A** participants speak to **B** participants for 3 minutes on the topic which is chosen by the leader.
The **B** participants listen to the **A** participants speech.
4. After 3 minutes, the **B** participants have 1 minute to ask the **A** participants about their speech.
5. After 1 minute of questions and answers, the **B** participants speak to **A** participants for 3 minutes on the same topic.
The **A** participants listen to the **B** participants speech.
6. After 3 minutes, the **A** participants have one minute to ask the **B** participants about their speech.

Diagram of "Kaitenzushi" Rotation



7. After 1 minute of questions and answers, the participants rotate as a Kaitenzushi table (train) and switch the partners.

The last participant in line A moves to the last place in line B, and first participant in line B moves to the first place in line A. All move just one spot.

8. The new pairs of **A** & **B** participants do the same activity with the same topic, but this time speaking for only 2 minute.

9. The process is repeated one more time but the speaking time is only 1 minute.

Applications

- This can be used as "Issues of the Day".
- No matter how many people participate, it will be established if there are speakers and listeners. Advance preparation is not necessary.

Conclusion / Results

- This exercise requires no preparation by the leader, but can be quite enjoyable and is well worth it.
- The topic should be decided just before the exercise so the topic is suitable for the participants.

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